



DELHI PUBLIC SCHOOL PARADIP REFINERY



SESSION-2018-2019



Dear Parents

The summer holidays are here again! During the long hot afternoon beat the heat by staying indoors & doing fun indoor things, read, watch movies, play games & spend a little time doing your homework as well.



NAME-_____

CLASS-_____ **SEC-**_____

How independent can I become?

Make your child more independent by teaching him or her various activities like

- Buttoning and unbuttoning the shirt.
- Folding mats and clothes.
- Learning to wear shoes and socks.
- Learning how to zip their school bag.
- After eating, keeping his/her plate in the kitchen.

Good Manners and good habits are lifelong assets and they should be practiced until they become habit. Revise the four magical words; **PLEASE, SORRY, THANK YOU, EXCUSE ME** which we have learned as the part of basics of good manners. Make these four words a habit and see the difference.

HYGIENE

- Brush your teeth twice a day.
- Trim your nails regularly.
- Take a bath every day.
- Wash your hands before and after meals.
- Keep your surrounding and environment clean.
- Do not throw anything out of the window, car or balcony. Always throw garbage in the dustbin.