



DELHI PUBLIC SCHOOL PARADIP REFINERY



ACADEMIC SYLLABUS 2026 – 27

STD - VII

SUBJECT- ENGLISH

EXAMINATION	MONTH	CHAPTER NUMBER	CHAPTER NAME	SUB TOPIC	ACTIVITY	PT PORTION	REMARKS
HALF-YEARLY EXAMINATION	APRIL	1	A Hero			PT -I	
		2	Articles				
		3	Determiners				
		4	Adjectives				
		5	The Flower School		Poetry Recitation		
	MAY	6	Message Writing				
		7	The Lake isle of Innisfree		Designing a travel postcard		
	JUNE	8	The Narayanpur Incident				
		9	Degrees of Comparison			PT -II	
10		Letter to Editor					

			(Writing Skill)				
JULY	11		Subject-Verb Agreement				
	12		Florence Nightingale		Medal Making		
	13		Kinds of Sentences				
	14		Framing Questions				
	15 16		Experiments Question Tags				
AUGUST	17		Preposition and Prepositional Phrases				
	18		Adverbs and Adverbials				
	19		The Simple and Progressive Tenses				
	20		The Present and Past Perfect Tenses				
	21		Speech Writing(Writing Skill)				
SEPTEMBER	22		REVISION				

ANNUAL EXAMINATION	OCTOBER	23	It's Fun to Cook		Fireless cooking	PT -III	
		24	The Present Perfect Continuous Tense				
		25 26	The Future Tense Biography Writing (Writing Skill)				
	NOVEMBER	27	Bidesia Babu				
		28	Modal Verbs				
		29	Infinitives				
		30	Participles				
	DECEMBER	31	Goodbye Party for Miss Pushpa T.S.		Draw a Caricature of your favourite character (Life's Simple Comedies)	PT-IV	
		32	Gerunds				
		33	Relative Pronouns				
		34	Story Writing (Writing Skill)				
	JANUARY	35	The Adventure of the Blue Carbuncle		Role Play		
		36	Conjunctions				
37		If-clause					

		38	Active and Passive Voice				
		39	Direct and Indirect Speech				
	FEBRUARY						
		40	Revision				

SUBJECT – HINDI (2ND Language)

TEXT BOOK : मल्हार , हिंदी व्याकरण

Sl. No.	Term - I & Term - II	Month	Chapter No.	Chapter Name	Sub-Topic	Activity	PT PORTION	SAT EXAM
1	TERM - I	April	मल्हार - व्याकरण - 1 , 2 & 3	1. माँ, कह एक कहानी (मल्हार) 1.भाषा और व्याकरण 2.ध्वनि,वर्ण एवं लेखन व्यवस्था (व्याकरण)	1- भाषा और उसके प्रकार 2- व्याकरण की परिभाषा और उपयोगिता 3- ध्वनि, वर्ण, स्वर और व्यंजन का परिचय	सही उच्चारण प्रतियोगिता		
2		May	मल्हार- 1 व्याकरण - 4	2. तीन बुद्धिमान (मल्हार) 3.वर्ण-विच्छेद (व्याकरण)	1- मातृत्व के विभिन्न रूपों का चित्रण 2- संधि के प्रकार (स्वर, व्यंजन, विसर्ग)	कहानी का नाट्य प्रस्तुतीकरण		SAT-1 माँ, कह एक कहानी . (मल्हार) 4 संधि (व्याकरण)
3		June	मल्हार - 2 व्याकरण - 5	2. तीन बुद्धिमान, 3. फूल और कौंटा (मल्हार) 4. संधि (व्याकरण)	1- बुद्धिमता और व्यंग्य का संयोजन 2- शब्द भेद - संज्ञा, सर्वनाम, विशेषण, क्रिया आदि	संवाद लेखन (कल्पना आधारित)	PT-1 2. तीन बुद्धिमान, 3. फूल और कौंटा (मल्हार) 2.ध्वनि,वर्ण एवं लेखन व्यवस्था 3.वर्ण-विच्छेद (व्याकरण)	
4		July	मल्हार - 3 & 4 व्याकरण - 6 , 7 & 8	3. फूल और कौंटा 4. पानी रे पानी (मल्हार) 5.शब्द एवं शब्द भेद, 6- उपसर्ग 7. प्रत्यय 8. समास (व्याकरण)	1- सामाजिक ताना-बाना और नैतिक मूल्य 2- जल की उपयोगिता और संरक्षण 3. - समास ,उपसर्ग और प्रत्यय की परिभाषा व उदाहरण	- जल संरक्षण पर पोस्टर बनाना	PT-2 3. फूल और कौंटा 4. पानी रे पानी (मल्हार) 5.शब्द एवं शब्द भेद - 6. उपसर्ग (व्याकरण)	

5	August	मल्लहार - 5 व्याकरण - 9 & 10	4. पानी रे पानी, 5. नहीं होना बीमार (मल्लहार) 9. शब्द भंडार 10. संज्ञा, लिंग, वचन ,कारक (व्याकरण)	1- स्वास्थ्य के प्रति सजगता 2- शब्द भंडार विस्तार 3- लिंग, वचन परिवर्तन	- स्वस्थ जीवन शैली पर अनुच्छेद लेखन		
6	Sept	पुनरावृत्ति अभ्यास	पुनरावृत्ति अभ्यास	1- पूर्व पाठों की पुनरावृत्ति 2- व्याकरणीय संकल्पनाओं की पुनरावृत्ति	- समूह आधारित मॉकटेस्ट	Half yearly	
7	Oct	मल्लहार - 6 व्याकरण - 11, 12 & 13	6. गिरिधर कविराय की कुंडलिया (मल्लहार) 11. सर्वनाम 12. विशेषण 13. क्रिया (व्याकरण)	1- कुंडलिया छंद की विशेषताएं 2- सर्वनाम के भेद 3- क्रिया और विशेषण के भेद और उनके प्रयोग	- कुंडलियाछंदलेखन		SAT-2 ,6. गिरिधर कविराय की कुंडलिया (मल्लहार) 11. सर्वनाम
8	Nov	मल्लहार - 8 व्याकरण - 14 & 15	7. वर्षा-बहार 8. बिरजू महाराज से साक्षात्कार (मल्लहार) 14 क्रिया विशेषण	1. ऋतुओं की सुंदरता 2- साक्षात्कार शैली 3- अव्यय शब्द भेद	1- वर्षा पर चित्रकला 2- बिरजू महाराज पर प्रस्तुति	PT-3 , 7. वर्षा-बहार 8. बिरजू महाराज से साक्षात्कार	
	TERM - II		15.संबंधबोधक, समुच्चयबोधक, विस्मयादिबोधक ,निपात (व्याकरण)			(मल्लहार) 12. विशेषण 13. क्रिया (व्याकरण)	
9	Dec	मल्लहार - 9 व्याकरण - 16 ,17 & 18	9. चिड़िया (मल्लहार) 16. वाक्य 17. वाक्य अशुद्धियाँ 18. विराम-चिह्न (व्याकरण)	1- प्रकृति प्रेम और पक्षी जीवन 2- विराम चिह्नों का सही प्रयोग	प्रकृति प्रेम और पक्षी जीवन पर अनुच्छेद लेखन		
10	Jan	मल्लहार - 10 व्याकरण - 19 & 20	10. मीरा के पद (मल्लहार) 19. मुहावरे ,लोकोक्तियाँ 20. अपठित गद्यांश (व्याकरण)	1- भक्तिरस और मीरा की शैली 2- अपठित पाठों से जानकारी अर्जन	- मीरा भजन गायन	PT-4 9. चिड़िया , 10. मीरा के पद (मल्लहार) 16. वाक्य 17. वाक्य अशुद्धियाँ (व्याकरण)	SAT-3 ,9. चिड़िया (मल्लहार) 14 क्रिया विशेषण (व्याकरण)

11	Feb	व्याकरण - 23 &24 पुनरावृत्ति अभ्यास	23. पत्र-लेखन, 24. अनुच्छेद लेखन (व्याकरण) , पुनरावृत्ति अभ्यास	1- औपचारिक एवं अनौपचारिक पत्र 2- अनुच्छेद लेखन कौशल 3- पूर्वपाठों की पुनरावृत्ति 4- व्याकरणीय संकल्पनाओं की पुनरावृत्ति	- समूह आधारित मॉकटेस्ट		SAT-4 , 10. मीरा के पद (मलहार)) 19. मुहावरे ,लोकोक्तियां
12	Mar					Annual Exam	

SUBJECT – HINDI (3RD Language)

TERM - I & TERM - II	MONTH	CHAPTER NUMBER	CHAPTER NAME	SUB TOPIC	ACTIV ITY	PT PORTION
TERM-I	APRIL	सुबोध भारती - 1 & 2	1.हम वीर बनें!		1.हम वीर बनें! (कविता वाचन) (ACT)	
	MAY	सुबोध भारती- 3&4	2. शह में मात		सुभाष बोस के चित्र बनाते हुए उनके बचपन के बारे में लिखें। (ACT)	
	JUNE	सुबोध भारती- 4&5	2. शह में मात 4. आज़ादी के मतवाले,		व्यायाम पर आधारित एक लेख प्रस्तुत करें	PT – I
	JULY	सुबोध भारती- 5&6	5. सीखो 6. दुख का अधिकार		6. दुख का अधिकार (कठिन शब्द परीक्षण) (ACT)	1.हम वीर बनें!

	AUG-SEPT	सुबोध भारती- 7&8	7.बात में से बात (गतिविधि) 8. कभी खुद से बात करो!		कठिन शब्द परीक्षण	PT – II 2. शह में मात, 4. आज़ादी के मतवाले
TERM-2	OCT	सुबोध भारती - 9&10	9. भगतसिंह का पत्र 10. बात बहुत पुरानी है		कठिन शब्द परीक्षण , कविता वाचन	
TERM-2	NOV	सुबोध भारती- 11&12	10. बात बहुत पुरानी है 11. सूर और मीरा		भगत सिंह के चित्र बनाते हुए उनके बारे में लिखें। (ACT)	PT – III 9. भगतसिंह का पत्र 10. बात बहुत पुरानी है
	DEC	सुबोध भारती- 13&14	12. भविष्य का भय (गतिविधि) 23. गदिश में हों तारे		12. भविष्य का भय (स्वर वाचन) (ACT)	
	JAN	सुबोध भारती	14. नमक का दारोगा 15. मीठे बैन		14. नमक का दारोगा (कठिन शब्द परीक्षण) (ACT)	PT – IV 23. गदिश में हों तारे 14. नमक का दारोगा
	FEB-MAR	सुबोध भारती	16. यह लघु सरिता! पुनरावृत्ति अभ्यास			

SUBJECT – ODIA (2nd Language)

Sl. No	Month	Chapter no & Name	Sub topic	PT PORTION
1	April	ପାଠ- ୧ -କଳା ମାଣିକରଣେ ପଦ୍ମ(, ପାଠ ୨ -ମାତହାଣ୍ଡି କଥା)ଲଠେକ କଥା(, ରଚନା – ଗୁରୀଷ୍ଟମରତୁ	କଠିନ ଶବ୍ଦ ଓ ଶବ୍ଦାର୍ଥ , ରଚନା ଲିଖନ	
2	May	ପାଠ ୩ -ଜାତୀୟ ପକ୍ଷୀ) ପଦ୍ମ (ରଚନା – କୃଷକର ଆତ୍ମକାହାଣୀ	କଠିନ ଶବ୍ଦ ଓ ଶବ୍ଦାର୍ଥ , ରଚନା ଲିଖନ	PT 1(Ch – 1 & 2)
3	June	ପାଠ ୪ -ପାଣିରଠେ ପାଣି , ବ୍ୟାକରଣ – ବିଶେଷ୍ଟ , ରଚନା – ବୃକ୍ଷର ଉପକାରିତା ,ଦହେ ଅସୁସ୍ଥ ଥିବାରୁ ଛୁଟି ମଞ୍ଜୁର ପାଇଁ ପ୍ରଧାନ ଅଧିକ୍ଷକ ନିକଟକୁ ଦରଖାସ୍ତ ଲଖେ।	କଠିନ ଶବ୍ଦ ଓ ଶବ୍ଦାର୍ଥ , ରଚନା ଓ ଦରଖାସ୍ତ ଲିଖନ	

4	July	ପାଠ ୫- ବାଳ ବୃଦ୍ଧ) ଗଦ୍ୟ(, ବ୍ୟାକରଣ - ବିଶେଷଣ , ରଚନା - ରଥଯାତ୍ରା , ତୁମେ ଦେଖିଥିବା ଏକ ଭ୍ରମଣ ସ୍ଥାନ ବିଷୟରେ ବର୍ଣ୍ଣନା କରି ମାମୁଁଙ୍କୁ ପତ୍ର ଲେଖ ।	କଠିନ ଶବ୍ଦ ଓ ଶବ୍ଦାର୍ଥ , ରଚନା ଓ ପତ୍ର ଲିଖନ	PT 2(Ch - 3, 4 &5)
5	August	ପାଠ ୬- ମହାନ ବିପ୍ଳବୀ ମାଧବୀ ସିଂ ଦୀବନୀ(,ତୁମ ଅଞ୍ଚଳରେ ଦୁଇଟି ନଳକୁପ ଖୋଲିବା ପାଇଁ ପଞ୍ଚାୟତ ସମିତି ଅଧିକ୍ଷକଙ୍କ ନିକଟକୁ ଦରଖାସ୍ତ ଲେଖ , ରଚନା - ସ୍ଵାଧିନତା ଦିବସ	କଠିନ ଶବ୍ଦ ଓ ଶବ୍ଦାର୍ଥ , ରଚନା ଓ ଦରଖାସ୍ତ ଲିଖନ	
6	September	Revision for Half yearly exam		
7	October	ପାଠ ୭- କରମ ଶୀତଳା) ପଦ୍ୟ(,ରଚନା - ଦଶହରା ପର୍ବ	କଠିନ ଶବ୍ଦ ଓ ଶବ୍ଦାର୍ଥ , ରଚନା ଲିଖନ	
8	November	ପାଠ ୮ -ମଠା ପିଲା ବଳେ କଥା) ଗଦ୍ୟ(, ରଚନା - ଦୀପାବଳୀ	କଠିନ ଶବ୍ଦ ଓ ଶବ୍ଦାର୍ଥ , ରଚନା ଲିଖନ	PT 3(Ch- 6 & 7)
9	December	ପାଠ ୯: ଶରତ ରାଜା) ପଦ୍ୟ(, ତୁମ ଅଞ୍ଚଳରେ ଡାକ୍ତରଖାନା ନଥିବାରୁ ଦିଲ୍ଲୀ କଲେକ୍ଟରଙ୍କ ନିକଟକୁ ଦରଖାସ୍ତ ଲେଖ ।	କଠିନ ଶବ୍ଦ ଓ ଶବ୍ଦାର୍ଥ , ରଚନା ଓ ଦରଖାସ୍ତ ଲିଖନ	
10	January	ପାଠ ୧୦ -ବମୋର ବାହାନା) କାହାଣୀ(,ବ୍ୟାକରଣ - ସର୍ବନାମ , କ୍ରିୟା , ଅବ୍ୟୟ , ବାର୍ଷିକ ପରୀକ୍ଷା ବିଷୟରେ ଜଣାଇବାକୁ ବଡ଼ ଭଉଣୀକୁ ପତ୍ର ଲେଖା ,ରଚନା - ସାଧାରଣତନ୍ତ୍ର ଦିବସ	ବ୍ୟାକରଣ, ରଚନା ଓ ପତ୍ର ଲିଖନ	PT 4(Ch - 8,9 & 10)
11	February	Revision for Annual exam		

SUBJECT – SANSKRIT (2ND Language)

SL NO.	MONTH / DAYS	CHAPTER NAME AND TOPIC	SUB TOPIC	NO. OF PERIOD REQUIRED	ACTIVITY	PT PORTION
01	PRESCRIBED TEXT BOOK	SARASWATIMANIKAVYAKARAN 2. DEPAKAM-2(class-7)lang-2				
02	MONTHS					
03	APRIL- 26	प्रथमपाठ; द्वितीय पाठः (क्रमशः), वर्ण बिन्यास ,शब्दरूपाणां प्रयोगं, अशुद्धिशोधनं ,अपठितं च	प्रथमपाठ; द्वितीय पाठः (क्रमशः), वर्ण बिन्यास ,शब्दरूपाणां प्रयोगं, अशुद्धिशोधनं ,अपठितं	कथाश्रवण	लिखनदक्षताबर्धनं , अपठितअवबोधनं, अपठित अभ्यास	प्राचीनकवीनांकृति
04	MAY-26	द्वितीय पाठः, लिंग ज्ञानम् ,धातुनालकारतथापुरुष ज्ञानं ,	लिंगाधारेण शब्दानांप्रयोगम् ,धातुनालकारतथापुरुष ज्ञानं ,स्वरसंन्धि ,उपपदानां प्रयोगं	नैतिककथासंग्रह /प्रकल्प कर्मम् /संस्कृतसंभाषणम्	शून्यस्थाने अव्ययानां प्रयोगं	संवादलिखनकौशल
05	JUNE- 26	तृतीय पाठःचित्रनिर्माणं ,संवाद ,अपठितगद्यांश;भ्रमसंशोधनं	कारकविभक्ति पर्यायविपर्ययं	शुक्तयः गानम्	नानाविधाः शब्दानां प्रयोगं (स्वरान्त)पुरुषाधा रेणधातुरुपाणां प्रयोगं	वाक्यनिर्माण

06	JULY-26	चतुर्थपाठः पंचमपाठः ,लङ् लकार, लृट् लकार,सुभाषितानि,अव्ययाः , संधि	अन्वयः, भावार्थस्य प्रयोगम्	नैतिककथासंग्रह /प्रकल्प कार्यम् /संस्कृतसंभाषणम्	प्रश्ननिर्माणशिक्षा, लिगाधारेण संख्यायाः प्रयोगं	कथालिखनं
07	AUGUST - 26	षष्ठपाठः ,सप्तमपाठः,उपसर्गअपठितअवबोधनं,कारक ज्ञानं	उपपदानां प्रयोगं	कथाश्रवण	पठितअवबोधनं (गद्यांश,श्लोकांशं नाट्यांशं च)	श्वाध्यायं
08	SEPTEMBER -26	अष्टमपाठः, संख्यायाः प्रयोगम्	सर्वनामशब्दाधारेण वाक्यः प्रयोगम्		अपठित गद्यांशस्य अभ्यासम् ,चित्रपत्रादिशिक्षा	सदाचारविषये वाक्यं
09	OCTOBER -26	नवमपाठः दशमपाठः सर्वनामशब्दस्य प्रयोगम्,प्रश्ननिर्माणस्य प्रयोगम्	प्रत्ययानां अभ्यासं,शुन्यस्थाने अव्ययाः	शुक्तयः गानम्	शंख्या वाचकशब्दानांतथा अव्ययानां शुन्यस्थान	श्वाध्यायं
10	NOVEMBER - 26	एकादशपाठः ,द्वादशपाठः, अव्ययानां प्रयोगम्	पठितगद्यांशंपद्यांशंतथा- नाट्यांशं च	श्वाध्यायं	शंवादंअशुद्धिशोधनं ।	शंगित गायनं
	DECEMBER -		।सं,शुन्यस्थाने		शंवादंअशुद्धिशोधनं	

26	त्रयोदशः, सर्वनामशब्दस्य प्रयोगम्,प्रश्ननिर्माणस्य प्रयोगम्	अव्ययाः		ः	गानं
JANUARY - 27	चतुर्दशपाठः सर्वनामशब्दस्य प्रयोगम्,प्रश्ननिर्माणस्य प्रयोगम्	प्रत्ययानां अभ्यासं,शून्यस्थाने अव्यया		प्रत्ययानां अभ्यासं,शून्यस्था ने अव्यया	आदर्शपठनं
FEBRUARY - 27	पुनरालोचना,सर्वविधपठितानांपुनः अभ्यासः				

SUBJECT – SANSKRIT (3RD Language)

SL NO.	MONTH / DAYS	CHAPTER NAME AND TOPIC	SUB TOPIC	NO. OF PERIOD REQUIRED	ACTIVITY	PT PORTION
01	PREScribed TEXT BOOK	SARASWATIMANIKAVYAKARAN 2. DEEPAKAM-2(class-7Language-3)				
02	MONTHS	NAME OF THE LESSON TO BE TAUGHT			उत्तमम्	
03	APRIL- 26	प्रथमपाठः, वर्ण विन्यास, शब्दरूपाणां प्रयोगं, अपठितं च	प्रथमपाठः, द्वितीय पाठः (क्रमशः), वर्ण विन्यास,	नैतिक कथा संग्रह	लिखनदक्षतावर्धित अवबोधनं, अभ्यास	प्राचीन कवीनां कृति
04	MAY- 26	द्वितीय पाठः, लिंग ज्ञानम्, धातुनालकारतथापुरुष ज्ञानं,	, धातुनालकारतथापुरुष ज्ञानं, स्वरसंन्धि, उपपदानां प्रयोगं		शून्यस्थाने अव्ययानां प्रयोगं	संवाद लिखन कौशलं
05	JUNE- 26	चतुर्थ पाठः, चित्रनिर्माणं, संवाद, अपठितगद्यांशः भ्रमसंशोधनं	कारकं विभक्ति		नानाविधाः शब्दानां प्रयोगं (स्वरान्त)	वाक्यनिम
06	JULY-26	पंचम पाठः, सुभाषितानि, अव्ययाः, संधि	अन्वयः, भावार्थस्य प्रयोगम्	प्रकल्प कार्यम्	प्रश्ननिर्माणशिक्षा, लिगाधारेण	कथातिर

				/संस्कृत संभाषणम्	संख्यायाः प्रयोगं	खनं
07	AUGUST -26	षष्ठ पाठः , कारक ज्ञानं ,सर्वनामशब्दस्य प्रयोगम्	उपपदानां प्रयोगं		पठितअवबोधनं(गद्यांश ,श्लोकांशंनाट्य ां च)	श्वाध्यायं
08	SEPTEMBER -26	अव्ययाः , संधिः, संख्यायाः प्रयोगम्	सर्वनाम शब्दाधारेण वाक्यः प्रयोगम्		अपठित गद्यांश ,चित्र पत्रादि शिक्षा	सदाचार विषये वाक्यं
09	OCTOBER R-26	दशम पाठः ,सर्वनामशब्दस्य प्रयोगम्	प्रत्ययानां अभ्यासं,शून्यस्थाने अव्ययाः	संस्कृत संभाषणम्	संख्या वाचकशब्दानां प्रयोगं	श्वाध्यायं
10	NOVEMBER -26	एकादश पाठः , अव्ययानां प्रयोगम्	पठित गद्यांशं पद्यांशं तथा नाट्यांशं च		शंवादं अशुद्धि शोधनं	शंगित गायनं
11	DECEMBER -26	सर्वनामशब्दस्य प्रयोगम्,प्रश्ननिर्माणस्य प्रयोगम्	शून्यस्थाने अव्ययाः		अशुद्धि शोधनं	गानं

11	JANUARY - 27	चतुर्दश पाठः,प्रश्ननिर्माणस्य प्रयोगम्	प्रत्ययानां अभ्यासं,शुन्यस्थाने अव्यया		प्रत्ययानां अभ्यासं,शुन्यस्थ ाने अव्यया	आदर्श पट
13	FEBRUARY -27	पुनरालोचना,सर्वविध पठितानां पुनः अभ्यासः				

SUBJECT – ODIA (3rd Language)

Sl. No	Month	Chapter no & Name	Sub topic	PT PORTION
1	April	ପାଠ -୧- କଳା ମାଣିକରଣେ (ପଦ୍ମ)	କଠିନ ଶବ୍ଦ ଓ ଶବ୍ଦାର୍ଥ	
2	May	ପାଠ ୨- ମାତହାଣ୍ଡି କଥା (ଲଠି-କ କଥା),	କଠିନ ଶବ୍ଦ ଓ ଶବ୍ଦାର୍ଥ	PT 1(Ch – 1 & 2)
3	June	ପାଠ ୩- ଜାତୀୟ ପକ୍ଷୀ (ପଦ୍ମ) ବିକାଶକରଣ – ବିଶେଷ	କଠିନ ଶବ୍ଦ ଓ ଶବ୍ଦାର୍ଥ	
4	July	ପାଠ ୪- ପାଣିର ପାଣି ବିକାଶକରଣ – ବିଶେଷ	କଠିନ ଶବ୍ଦ ଓ ଶବ୍ଦାର୍ଥ	PT 2(Ch – 3 &4)
5	August	୫ – ବାଳ ବୃଦ୍ଧ (ଗଦ୍ୟ),	କଠିନ ଶବ୍ଦ ଓ ଶବ୍ଦାର୍ଥ	

6	September	ନିରୀକ୍ଷଣପତ୍ରର ଲିଙ୍ଗ ଓ ବର୍ଷର ନିରୀକ୍ଷଣ ରିପୋର୍ଟ		
7	October	ପାଠ ୭ – ମହାନ ବିପ୍ଳବୀ ମାଧବୀ ସିଂ (ନୀରୀକ୍ଷଣ)	କଠିନ ଶବ୍ଦ ଓ ଶବ୍ଦାର୍ଥ	
8	November	ପାଠ ୭ –କରମ ଗୀତିକା (ପଢ଼)	କଠିନ ଶବ୍ଦ ଓ ଶବ୍ଦାର୍ଥ	PT 3(Ch- 5&6)
9	December	ପାଠ ୮- ମଠା ପିଲା ବଳେ କଥା (ପଢ଼)	କଠିନ ଶବ୍ଦ ଓ ଶବ୍ଦାର୍ଥ	
10	January	Revision		PT 4(Ch – 7&8)
11	February	Revision for Annual exam		

SUBJECT: MATHEMATICS

SL. No	MONT H	CHAPTER NUMBER	CHAPTER NAME	SUB TOPIC	PT PORTION
1	APRIL	1	LARGE NUMBER AROUND US	A LAKH VARIETIES	PT-I
				READING AND WRITING NUMBERS	
				LAND OF TENS	
				APPROXIMATE VALUES	
				PATTERN IN PRODUCT	
				DID YOU EVER WONDER	
2	APRIL/ MAY	2	ARITHMETIC EXPLANATION	INTRODUCTION	PT-I
				COMPARING EXPRESSIONS	
				BRACKET IN EXPRESSIONS	
				MORE EXPRESSIONS AND THEIR TERM	
3	JUNE	3	A PEEK BEYOND THE POINT	INTRODUCTION	PT-I
				TENTH PART	
				HUNDREDTH PART	
				DECIMAL VALUE	
				NOTATION, WRITING AND READING	
				LENGTH CONVERSION	
				DECIMAL SEQUENCE,	
4	JULY	4	EXPRESSION USING LETTER NUMBERS	THE NOTATION OF LETTER NUMBER	PT-II
				REVISITING ARITHMETIC EXPRESSION	
				SIMPLIFICATION OF ALGEBRAIC EXPRESSIONS 1	
				ALGEBRAIC EXPRESSIONS TO DESCRIBE PATTERNS	

5	JULY	5	PARALLEL AND INTEREST INTERSECTING LINES	ACROSS THE LINE PERPENDICULAR LINES, TRANSVERSAL LINE CORRESPONDING LINES, ALTERNATIVE LINES, DRAWING PARALLEL LINES MAKING PARALLEL LINES THROUGH PAPER FOLDING	PT-II
6	JULY / AUGUST	6	NUMBER PLAY	NUMBERS TELL US THINGS,PICKING PARITY SMALL SQUARE IN GRIDS PARITY OF EXPRESSIONS,GENERALISING A 3×3 AND 4X4 MAGIC SQUARE NATURES OF FAVOURITE SEQUENCE DI	PT-II
7	AUGUST	7	A TALE OF THREE INTERSECTING LINES	EQUILATERAL TRIANGLES AND CONSTRUCTION OF TRIANGLES TWO ANGLES AND INCLUDED SIDES ANGLE SUM PROPERTY CONSTRUCTION OF THE ALTITUDE OF A TRIANGLES TYPES OF TRIANGLES MULTIPLICATION OF FRACTIONS SIMPLIFICATION OF LOWEST FORM DIVISION OF FRACTIONS A PINCH OF HISTORY	
		8	WORKING WITH FRACTION		
7	SEPT			REVISION FOR HALF YEARLY EXAM	

8	OCTOBER	1	GEOMETRIC TWINS	GEOMETRY TWINS, MEASURING THE SIDE LENGTH	PT-III
				TWO ANGLES AND THE INCLUDING SIDE,	
				A QUICK RECAP OF INTEGERS, MULTIPLICATION,	
			OPERATION WITH INTEGERS	FORMULAS & RULES USING ALGEBRAIC EXPRESSIONS,	
		2		A MAGIC GRID OF INTEGERS	
9	NOVEMBER	2	OPERATION WITH INTEGERS	FIGURE IT OUT	PT-III
				THE GREATEST OF ALL, FINDING LCM, HCF	
				PATTERN, PROPERTY AND PRETTY PRODUCE,	
		3	FINDING COMMON GROUND	PROPERTY OF LCM AND HCF	
10	NOVEMBER	4	ANOTHER PEEK BEYOND THE POINT	A QUICK RECAP OF DECIMAL, DECIMAL MULTIPLICATION,	PT-IV
				DECIMAL DIVISION,	
				DIVISION WITH A DECIMAL DIVIDEND , DIVISION WITH DECIMAL	
				A MAGICAL NUMBER	

11	DECEMBER	5	CONNECTING THE DOTS	OF QUESTIONS AND STATEMENT, REPRESENTING VALUES	PT-IV
				AVERAGE AROUND US, VISUALISING DATA	
				DATA DETECTIVE	
12	DECEMBER	6	CONSTRUCTION AND TILINGS	GEOMETRIC CONSTRUCTION	PT-IV
				REPEATING UNITS AND REPEATING ANGLES	
				REGULAR HEXAGON	
				TILING	
13	JANUARY	7	FINDING THE UNKNOWN	FINDING THE UNKNOWN	
				SOLVING EQUATIONS SYSTEMATIC	
				MIND THE MISTAKE	
				MEND THE MISTAKE	
				A PINCH OF HISTORY	
14	FEBRUARY			REVISION FOR ANNUAL EXAMINATION	

SKILL EDUCATION AND ART- INTEGRATED ACTIVITIES

(Working with machine and materials)

ACTIVITY-1- Tie and Dye (Work with life form). (Koushal Bodh) **JULY**

ACTIVITY-2- School Habitt Garden (Work in human services) (Koushal Bodh) **AUGUST**

ACTIVITY-3- Family Health Handbook (Koushal Bodh) **OCTOBER**

SUBJECT – SCIENCE

BOOK : CURIOSITY

SL. NO	SUBJECT	CHAPTER NUMBER	CHAPTER NAME	SUB TOPIC	MONTH	ACTIVITY	PT PORTION	TERM-I & TERM-II
1	PHYSICS	3	Electricity: Circuits and their components	Electric cell Electric bulb Torch Simple electric circuit Circuit diagram LED	April- May-June	Demonstration of cell model making	PT-1	TERM-I
		8	Measurement of time and Motion	<ul style="list-style-type: none">• Slow or fast• Speed• Measuring of time• Measuring speed• Distance – Time graph	July-August	Graph Experiments with pendulum Water clock, sand clock - model making		
2	CHEMISTRY	2	Exploring substances Acidic, Basic and Neutral (CHEM)	<ul style="list-style-type: none">• Acids and bases• Natural indicators around us• Neutralization• Neutralization in Everyday	April, May & June	Identification of acid & base using indicators (MA)	PT-1	TERM-I

				life				
		4	The world of metals and non- metals (CHEM)	<ul style="list-style-type: none"> • Properties of metals and non- metals(physical) • Chemical properties of metals and non-metal • Rusting of Iron • Effect of air and water on sulfur 	July-August	Oral Quiz Case discussion (MA)	PT-2	
3	BIOLOGY	1	Life Process in plants [BIO]	<ul style="list-style-type: none"> • Life Processes ;definition • Nutrition in plants • Respiration in pants • Transportati on in plants : xylem & phloem 	April- May	Showing stomata under microscope Experiment on leaf showing presence of starch – iodine test	PT-1	
		1	The ever evolving world of Science [BIO]	<ul style="list-style-type: none"> • Observation • Scientific methods • Digestive System 	June	Doing experiment with batteries to know charge flow Nature walk •Making models on lungs and		

		9	Life Process in Animals [BIO]	<ul style="list-style-type: none"> Respiratory System 		digestive system •Experiment on lime water		
		7	Life Process in Animals [BIO]	Respiratory System <ul style="list-style-type: none"> Why do we respire? Breathing How do we breathe ? What do we breathe out ? Breathing in other animals Breathing under water 			PT-2	
4	PHYSICS	11	Light:Shadow s and Reflections	Nature and propagation of light. Sources of light Shadow formation Reflection of light Mirror and image	September- November	Model making of pinhole camera, kaleidoscope, periscope	PT-3	TERM- II
		12	Earth, moon and the sun	Earth: Rotation and revolution	November-	Demonstration of solar and lunar	PT-4	

				Seasons on earth Solar eclipse Lunar eclipse	January	eclipse		
5	CHEMISTRY	5	Changes around us: Physical and chemical	<ul style="list-style-type: none"> • Types of changes • Difference between physical and chemical changes • Rusting, combustion • Are all changes desirable? • Some slow natural changes • Absorption of water by soil • Soil and crops 	October-November	Making video on physical and chemical changes around us. Making collage on desirable changes and GD (SEA).	PT-3	
		7	Heat transfer in nature (CHEM)	<ul style="list-style-type: none"> • Transfer of heat in solid, liquid & gas • Land & sea breeze • Water cycle • Seepage of water in different type of soil 	December-January	Oral /Quiz.(MA) Model making	PT-4	

6	BIOLOGY	6	ADOLESCENCE : A Stage of Growth and change	<ul style="list-style-type: none"> • Teenage years • Physical changes 	September November	NOTING DOWN OF FACIAL CHANGES	PT-3	
		6	ADOLESCENCE : A Stage of Growth and change	<ul style="list-style-type: none"> • Reproductive Capability • Menstrual cycle • Personal hygiene 	December January	Making posters on DO AND DON'TS NO TO DRUGS	PT-4	

SYLLABUS FOR HALF- YEARLY 2026-27

Name of the chapters :

1. Exploring substances: Acidic, basic and neutral
2. The world of metals and non-metals
3. Life processes in plants
4. Electricity: Circuits and their components
5. Life processes in Animals
6. Measurement of time and motion

7. The ever evolving world of Science

SYLLABUS FOR FINAL TERM 2026-27

Name of the chapters :

1. Exploring substances: Acidic, basic and neutral **(10% of H.Y Portion)**
2. Changes around us: physical and chemical
3. Light: Shadows and Reflections
4. Earth, moon and the sun
5. Heat transfer in nature

6. ADOLESCENCE : A Stage of Growth and change
7. Life processes in Animals **(10% of H.Y Portion)**

SKILL EDUCATION AND ART-INTEGRATED ACTIVITIES

SUBJECT –SCIENCE

ACTIVITY -1To show germinating seeds and raising plants with stem (KOUSHAL BODH) JULY

ART- INTEGRATED -PHOTOGRAPHY

ACTIVITY-2-Creating habitat garden (KOUSHAL BODH) -AUGUST

ART- INTEGRATED - Creating Art Reservoir

ACTIVITY-3- Preparation of dye - (KOUSHAL BODH) -OCTOBER

ART- INTEGRATED - PPT making

SUBJECT: SOCIAL SCIENCE

CLASS- VII

Sl No	MONTH	CHAPTER NUMBER	CHAPTER NAME	SUB TOPIC	PT PORTION
			HALF YEARLY SYLLABUS		
HISTORY					
1	APRIL AND MAY	1	NEW BEGINNINGS : CITIES AND STATES	<ul style="list-style-type: none"> • INTRODUCTION • JANAPADAS • MAHAJANAPADAS • EARLY DEMOCRATIC TRADITIONS 	PT-1
2	JUNE AND JULY	2	NEW BEGINNINGS : CITIES AND STATES	<ul style="list-style-type: none"> • MORE INNOVATIONS • THE VARNA-JATI SYSTEM 	PT-2

				<ul style="list-style-type: none"> • DEVELOPMENTS ELSEWHERE IN INDIA 	
3	AUGUST	3	THE RISE OF EMPIRES	<ul style="list-style-type: none"> • WHAT IS AN EMPIRE? • TRADE, TRADE ROUTES AND GUILDS • RISE OF MAGADHA 	
	SEPTEMBER	HALF YEARLY EXAM			
4	OCTOBER	4	THE AGE OF REORGANISATION	THE SATAVAHANAS THE CHERAS THE PANDYAS THE EMERGENCE OF THE KUSHANAS	PT-3
5	NOVEMBER AND DECEMBER	4 & 5	THE AGE OF REORGANISATION AND THE GUPTA ERA : AN AGE OF TIRELESS CREATIVITY	THE PANDYAS <ul style="list-style-type: none"> • THE EMERGENCE OF THE KUSHANAS • A NEW POWER EMERGES • GLIMPSES OF GUPTA EMPIRE • THE DECLINE OF THE GUPTAS 	PT-4
6	JANUARY	6	THE GUPTA ERA : AN AGE OF TIRELESS CREATIVITY	<ul style="list-style-type: none"> • A NEW POWER EMERGES • GLIMPSES OF GUPTA EMPIRE • THE DECLINE OF THE GUPTAS 	
	FEBRUARY AND MARCH		RIVISION FOR ANNUAL EXAM	ANNUAL EXAM	
GEOGRAPHY					
7	APRIL AND MAY	1	GEOGRAPHICAL DIVERSITY OF INDIA	<ul style="list-style-type: none"> • BASIC FACTS ABOUT INDIA • THE HIMALAYAS • THE COLD DESERT OF INDIA • THE GANGETIC PLAINS 	PT-1

				<ul style="list-style-type: none"> • THE GREAT INDIAN DESERT • THE ARAVALLIS • THE PENINSULAR PLATEAU • INDIA'S AMAZING COASTLINES • INDIAN ISLANDS • THE DELTA IN WEST BENGAL AND THE SUNDARBANS • THE HILLS OF THE NORTH-EAST 	
8	JUNE AND JULY	2	UNDERSTANDING WEATHER	<ul style="list-style-type: none"> • WEATHER AND ITS ELEMENTS • WEATHER INSTRUMENTS • WEATHER STATIONS • PREDICTING THE WEATHER 	PT-2
9	JULY	3	CLIMATES OF INDIA	<ul style="list-style-type: none"> • WEATHER; SEASONS AND THE CLIMATE • TYPES OF CLIMATES IN INDIA • FACTORS DETERMINING THE CLIMATE • CLIMATE AND OUR LIVES • CLIMATES AND DISASTERS • CLIMATE CHANGE 	
10	AUGUST	4	<ul style="list-style-type: none"> • HOW THE LAND BECOMES SACRED 	<ul style="list-style-type: none"> • WHAT IS SACREDNESS? • PILGRIMAGES • BECOMING AWARE OF SACRED GEOGRAPHY • SACRED ECOLOGY • MOUNTAINS AND FORESTS • TREES, FORESTS AND SACRED GROVES • FROM PILGRIMAGE TO TRADE • SACRED GEOGRAPHY BEYOND INDIA 	
		5		<ul style="list-style-type: none"> • WHY DO WE NEED MONEY? 	

		6	<ul style="list-style-type: none"> FROM BARTER TO MONEY 	<ul style="list-style-type: none"> BASIC FUNCTIONS OF MONEY THE JOURNEY OF MONEY PAPER MONEY NEW FORMS OF MONEY 		
			<ul style="list-style-type: none"> UNDERSTANDING MARKETS 	<ul style="list-style-type: none"> WHAT IS A MARKET? PRICES AND MARKETS MARKETS AROUND US 		
	SEPTEMBER	HALF YEARLY EXAM				
11	OCTOBER	7	<ul style="list-style-type: none"> THE STORY OF INDIAN FARMING 	<ul style="list-style-type: none"> INDIA'S AGRICULTURAL LANDSCAPE ECHOES FROM THE PAST CLIMATE, SEASONS, AND CROPS; WHAT GROWS WHERE AND WHEN? SOIL, THE FOUNDATION OF CULTIVATION WATER; RAINK-FED VS. IRRIGATED ATGRICULTURE AGRICULTURAL PRACTICES; TRADITIONAL WISDOM AND MODERN INNOVATIONS THE ROLE OF THE GOVERNMENT CHALLENGES 	PT-3	
12.	NOVEMBER	8	<ul style="list-style-type: none"> INDIA AND HER NEIGHBOURS 	<ul style="list-style-type: none"> FRAMING THE NEIGHBOURHOOD INDIA AND HER LAND-BASED NEIGHBOURS INDIA'S MARITIME NEIGHBOURS AN ANCIENT NEIGHBOUR THE LAND OF COPPER 	PT-4	

13	DECEMBER	9	INDIA, A HOME TO MANY	<ul style="list-style-type: none"> • THE STORY INDIAN JEWS • THE SYRIAC CHRISTIAN COMMUNITY • THE LEGEND OF THE PARSI WISE MAN, MILK AND SUGAR • THE ARAB MERCHANT COMMUNITY • THE AFRICAN CONNECTION • THE ARMENIANS IN INDIA • THE BAHAI COMMUNITY IN INDIA • THE GOOD MAHARAJA AND THE POLISH CHILDREN • TIBETAN REFUGEES IN INDIA • THE WHOLE WORLD IS FAMILY • INDIAN VALUE BEYOND INDIA 	
	JANUARY ANDB FEBRUARY	10	<ul style="list-style-type: none"> • INFRASTRUCTURE; ENGINE OF INDIA'S DEVELOPMENT 	<ul style="list-style-type: none"> • INTRODUCTION • WHY IS PHYSICAL INFRASTRUCTURE IMPORT • COMMUNICATIN INFRASTRUCTURE • COLLECTIVE RESPONSIBILITY TOWARDS INFRASTRUCTURE 	
		11	<ul style="list-style-type: none"> • BANKS AND THE MAGIC OF FINANCE 	<ul style="list-style-type: none"> • INTRODUCTION • WHAT ARE BANKS AND WHAT DO THEY DO? • OFFER LOANS OR CREDIT • OTHER FINANCIAL INSTITUTIONS • PAYMENTS MODES AND SYSTEMS • STOCK MAKET 	
	MARCH			ANNUAL EXAM	ANNUAL EXAM
CIVICS					

			HALF YEALY SYLLABUS		
14.	APRIL AND MAY	1	FROM THE RULERS TO THE RULED :TYPES OF GOVERNMENTS	<ul style="list-style-type: none"> • WHAT IS GOVERNMENT AND ITS FUNCTIONS • DEMIOCRATIC GOVERNMENT ARROUND THE WORLD • OTHER FORMS OF GOVERNMENT 	PT-1
15	JUNE AND JULY	2	FROM THE RULERS TO THE RULED :TYPES OF GOVERNMENTS	<ul style="list-style-type: none"> • HEALTH • HEALTH CARE IN INDIA • HEALTH CARE AND EQUALITY 	PT-2
16	AUGUST	3	FROM THE RULERS TO THE RULED :TYPES OF GOVERNMENTS	<ul style="list-style-type: none"> • THE ROLE OF MLAS • FUNCTION OF MLAS • WORKING OF THE GOVERNMENT 	
	SEPTEMBER		HALF YEARLY SYLLABUS		
17	OCTOBER	4	THE CONSTITUTION OF INDIA -AN INTRODUCTION	<ul style="list-style-type: none"> • WHAT IS A CONSTITUTION • WHAT SHAPED AND INFLUENCED THE INDIAN CONSTITUTION 	PT-3
18	NOVEMBER AND DECEMBER	5	THE CONSTITUTION OF INDIA -AN INTRODUCTION	<ul style="list-style-type: none"> • KEY FEATURES OF THE INDUIAN CONSTITUTION 	PT- 4
19	JANUARY AND FEBRUARY	6	RIVISION FOR ANNUAL EXAM		
	MARCH		ANNUAL EXAM		

Note: 20% of Half yearly exam syllabus will be added in Annual exam.

SKILL EDUCATION AND ART- INTEGRATED

ACTIVITIES SUBJECT –SOCIAL SCIENCE

TOPIC- Tie & Dye (KOUSHAL BODH)

ACTIVITY-

- **Exploring the art of Tie & Die**
- **Making the final product**
- **What did you invent?**
- **ART- INTEGRATED - sketching & Poster making.**

SUBJECT – COMPUTER SCIENCE, COMPUTATIONAL THINKING (CT) AND ARTIFICIAL INTELLIGENCE (AI)

SI No	MONTH	CHAPTER NUMBER	CHAPTER NAME	SUB TOPIC	PT PORTION
1	April-May	1	INTRODUCTION TO THE NUMBER SYSTEM	BASE, DECIMAL NUMBER SYSTEM, BINARY NUMBER SYSTEM, OCTAL NUMBER SYSTEM, HEXADECIMAL NUMBER SYSTEM, OPERATIONS ON BINARY NUMBERS	
2	June	2	CHARTS IN EXCEL 2016	COMPONENTS, TYPES OF A CHART, CREATING, FORMATTING, RESIZING A CHART, ADDING CHART ELEMENTS	CH 1 - INTRODUCTION TO THE NUMBER SYSTEM
3	July	3	ADVANCE FEATURES OF	SORTING DATA, CONDITIONAL FORMATTING	

			EXCEL 2016	PART-1 COMPUTATIONAL THINKING Parallel and Intersecting Lines, Number Play	
4	August	5	EXPLORING INTERNET SERVICES	SEARCH ENGINE, SOCIAL NETWORKING, E-BANKING, MODES OF PAYMENT, FORUMS, BLOGGING, CLOUD COMPUTING PART-1 COMPUTATIONAL THINKING A Tale of Three Intersecting Lines, Working with Fractions	CH 2 - CHARTS IN EXCEL 2016
5	September	Revision For Half Yearly Examination			
6	October	7	MORE ON HTML5	HTML TAGS AND ATTRIBUTES, FONT PROPERTIES IN CSS	
7	November	8	LISTS AND TABLES IN HTML5	LISTS, CREATING TABLES IN HTML5 PART-2 ARTIFICIAL INTELLIGENCE AI Domains and Applications Learning Focus: AI domains, Predictive techniques, Small datasets, Computer Vision, Natural Language Processing, Data Science	CH 7 - MORE ON HTML5
8	December	9	CONDITIONAL STATEMENTS IN PYTHON	CONDITIONAL STATEMENTS	CH 5 & 8 – EXPLORING INTERNET SERVICES LISTS AND TABLES

				PART-2 ARTIFICIAL INTELLIGENCE Data Visualization and Analysis Learning Focus: Collecting and organising data, Data visualization, Interpreting data	IN HTML5
9	January	6	INTRODUCTION TO APP DEVELOPMENT	UNDERSTADING APPS, TYPES, CLASSIFICATIONS, DOWNLOADING AND INSTALLING APPS, DEVELOPING AN APP	
		4	MORE ON ADOBE ANIMATE CC		
10	February	Revision For Annual Examination			

SUBJECT: GENERAL KNOWLEDGE

CLASS-VII

Sl.no	Months	Chapters	PT portions
	April	1. In the wilderness 2. Endangered and extinct 3. Marine life	Pt-1

	May	4. Nobel Prize 5. United Nations	PT 1
	June	6. Express yourself 7. Global warning	PT_2
	July	8. Risks and thrills 9. Quest for discovery 10. Around the world	PT-2
	August	11. Alluring Australia 12. Castles, palaces, and forts	
	September	Half yearly exam centre	
	October	13. Blast from the past 14. War of words	PT3
	November	15. Bookworm 16. Music euphony 17. Art zone	PT 3
	December	18. Time to play 19. Math-a-thon 20. Science quiz	PT-4
	January	21. Tech trivia	PT -4

		22. Money, money, money Activity 1: Over the years Activity 2: Tryst with Destiny	
	February	23. Champions at Tokyo Olympics 2020 24. Knowing and fighting COVID-19	
	March	Annual exam	

SUBJECT: GAMES & SPORTS

Sl No	MONTH	TOPIC
1	April-May	GAMES & SPORTS: Thorowball & Football rules & regulation, ground measurement. YOGA: General Exercise for flexibility, Surya Namaskar , Meditation
2	June	GAMES & SPORTS: Thorowball & Football practice match YOGA: Surya Namaskar , Meditation
3	July	GAMES & SPORTS: Thorowball & Football practice YOGA: Common yogic practices, Meditation
4	August	GAMES & SPORTS: Cricket & Volleyball rules & regulation, ground measurement, DRILL & MARCH PAST YOGA: Common yogic practices (Pratyahara, Bandha and mudra, Pratyahara, Bandha and mudra, Shatkarma, Meditation)

		NOTE : HEIGHT & WEIGHT MEASUREMENT OF STUDENTS
5	September	GAMES & SPORTS: Cricket & Volleyball practice match YOGA: Common yogic practices (Pratyahara, Bandha and mudra, Pratyahara, Bandha and mudra, Shatkarma, Meditation)
6	October	GAMES & SPORTS: Cricket & Volleyball practice match YOGA: Ardhapadmasana, Makarasana, Uttanapadasana, Pawanamuktasana, Savasana
7	November	GAMES & SPORTS: Khokho rules & regulation, ground measurement. Athletic event Practice YOGA: Breathing with awareness, Trataka, Gomukhasana, Ardhamastysyendrasana
8	December	ANNUAL SPORTS EVENT: Heats for Annual Sports Day & Practice
9	January	NOTE : HEIGHT & WEIGHT MEASUREMENT OF STUDENTS GAMES & SPORTS: Khokho practice match, DRILL & MARCH PAST YOGA: Yoga for physical fitness , Yogic practices to enhance flexibility, Suryanamaskar, Tadasana, Chakrasana, Ardhalasana
10	February	GAMES & SPORTS: Badminton rules & regulation YOGA: Trikonasana, Katichakrasana, Padmasana, Yogamudrasana, Paschimottansana