



DELHI PUBLIC SCHOOL PARADIP REFINERY



SPLIT UP SYLLABUS (2026 – 27)

CLASS – XII SCIENCE

SUBJECT- ENGLISH CORE

Sl No	TERM - I & TERM - II	MONTH	CHAPTER NUMBER	CHAPTER NAME	SUB TOPIC	ACTIVITY	PT PORTION	REMARKS
		APRIL	Flamingo :ch 1,2 poem 1 Vistas ch 1 Writing Skills	<ul style="list-style-type: none"> The Last Lesson Lost Spring My mother at 66 The Third Level Letter to the Editor 			PT1 PT2	
		MAY	Vistas Writing skills Flamingo	The Tiger King <ul style="list-style-type: none"> Aunt Jennifer's tigers Notice writing, Article Writing			PT 2	
		JUNE	Flamingo ch 3, 4 poem 3 Writing skills	, Keeping Quiet Deep Water The Rattrap			PT2	
		JULY	Flamingo -Ch 4, 5&6 Poem 4 Writing Skills	<ul style="list-style-type: none"> Indigo Poets and Pancakes A Thing of Beauty Invitation 			PT 2 -PT 3	

				Job Application and CV				
		AUGUST	Vistas -ch 3&4 Writing skills Flamingo - ch 7 -8	<ul style="list-style-type: none"> Journey to the end of the Earth The Enemy Going Places The Interview			PT 3	ASL ACTIVITI S TO BE DONE THROU GHOUT THE SESSIO N AT REGULA INTERV ALS
		SEPTEMBER	Flamingo- Poem 5	<ul style="list-style-type: none"> A Roadside Stand 			PT 3	

			Writing Skills	Report Writing			PT3	
		OCTOBER	Vistas -ch 5 Poem 6	<ul style="list-style-type: none"> On the Face of It Aunt Jennifer's Tigers PROJECT INITIATION				
		NOVEMBER	Vistas - ch 6	<ul style="list-style-type: none"> Memories of Childhood <ul style="list-style-type: none"> The Cutting of My Long Hair We Too are 				

				Human Beings				
		DECEMBER		Revision for Preboard 1			AS L (iN TE RN AL AS SE SS ME NT S	
		JANUARY		PROJECT SUBMISSION AND VIVA				
		FEBRUARY						
		MARCH						

SUBJECT : PHYSICS (042)

MONTH	CHAPTER NAME	SUB TOPIC	PRACTICAL	PT
March & April	Electric Charges and Fields (Chapter-1)	Electric charges, Conservation of charge, Coulomb's law-forces between multiple charges, superposition principle and continuous charge distribution. Electric field, electric field due to a point charge, field lines, dipole, field due to a dipole, torque on a dipole in uniform field. Electric flux, Gauss's theorem and its applications to find field due to infinitely long straight wire, uniformly charged infinite plane sheet and uniformly charged thin spherical shell		PT-1
APRIL	Electrostatic Potential and Capacitance (Chapter-2)	Electric potential, potential difference, potential due to a point charge, a dipole and system of charges, equipotential surfaces, electrical potential energy of a system of two-point charges and of electric dipole in an E-field. Conductors and insulators, free charges and bound charges inside a conductor. Dielectrics and electric polarization, capacitors and capacitance, combination of capacitors in series and in parallel, capacitance of a parallel plate capacitor with and without dielectric medium between the plates, energy stored in a capacitor		
MAY	Current Electricity (Chapter-3)	Electric current, flow of electric charges in a metallic conductor, drift velocity, mobility and their relation with electric current, Ohm's law, V-I characteristics		
JUNE	Current Electricity (Chapter-3)	electrical energy and power, resistivity and conductivity, Internal resistance of a cell, potential difference and emf of a cell, combination of cells in series and parallel, Kirchoff's rules, Wheatstone bridge.	To determine resistivity of two / three wires by plotting a graph for potential difference versus current	
	Moving Charges and Magnetism (Chapter-4)	Magnetic field, Oersted's experiment. Biot - Savart law and its application to current carrying circular loop. Ampere's law and its applications to infinitely long straight wire. Straight solenoid, force on a moving charge in uniform Magnetic and electric fields. Force on a current-carrying conductor in a uniform magnetic field, force between two parallel current-carrying conductors-definition of ampere, torque experienced by a current loop in uniform field; Current loop as a magnetic dipole and its magnetic dipole moment, moving coil galvanometer its current sensitivity and conversion to ammeter and voltmeter	To find resistance of a given wire / standard resistor using meter bridge	
JULY	Magnetism and Matter (Chapter-5)	Bar magnet, bar magnet as an equivalent solenoid, magnetic field intensity due to a magnetic dipole-along its axis and perpendicular to its axis (qualitative treatment only), torque on a magnetic dipole (bar magnet) in a uniform magnetic field (qualitative treatment only), magnetic field lines. Magnetic properties of materials- Para-, dia- and ferro - magnetic substances with examples, Magnetization of materials, effect of temperature on magnetic properties.	To verify the laws of combination (series) of resistances using a meter bridge.	PT-2

	Electromagnetic Induction (Chapter-6)	Electromagnetic induction; Faraday's laws, induced EMF and current; Lenz's Law, Self and mutual induction.	To determine resistance of a galvanometer by half-deflection method and to find its figure of merit	
	Alternating Current (Chapter-7)	Alternating currents, peak and RMS value of alternating current/voltage; reactance and impedance, LCR series circuit (phasors), resonance, power in AC circuits, power factor, wattless current.AC generator, Transformer	To find the focal length of a convex lens by plotting graphs between u and v or between 1/u and 1/v.	
AUGUST	Electromagnetic Waves (Chapter-8)	Basic idea of displacement current, Electromagnetic waves, their characteristics, their transverse nature, Electromagnetic spectrum including elementary facts about their uses	To determine angle of minimum deviation for a given prism by plotting a graph between angle of incidence and angle of deviation	
	Ray Optics and Optical Instruments (Chapter-9)	Reflection of light, spherical mirrors, mirror formula, refraction of light, total internal reflection and optical fibers, refraction at spherical surfaces, lenses, thin lens formula, lens maker's formula, magnification, Power of a lens, combination of thin lenses in contact, refraction of light through a prism. Microscopes and astronomical telescopes and their magnifying powers.		
	Wave Optics (Chapter-10)	Wave front and Huygens's principle, reflection and refraction of plane wave at a plane surface. Proof of laws of reflection and refraction using Huygens's principle. Interference, Young's double slit experiment and fringe width, coherent sources and sustained interference, diffraction due to single slit, width of central maxima.		
SEPT-26	Dual Nature of Radiation and Matter (CH-11)	Dual nature of radiation, Photoelectric effect, Hertz and Lenard's observations; Einstein's photoelectric equation-particle nature of light. Experimental study of photoelectric effect. Matter wave, wave nature of particles, de-Broglie relation	To draw the I-V characteristic curve for a p-n junction diode in forward and reverse bias. To determine the refractive index of liquid of using plan mirror and convex lens.	PT-3
OCT-26	Atoms (CH-12)	Alpha-particle scattering experiment; Rutherford's model of atom; Bohr model of hydrogen atom, Expression for radius of nth possible orbit, velocity and energy of electron in his orbit, of hydrogen line spectra	ACTIVITY-1.2 &3	
	Nuclei (CH-13)	Composition and size of nucleus, nuclear force, Mass-energy, mass defect, binding energy per nucleon and its variation with mass number, nuclear fission & fusion	ACTIVITY-4,5 &6	
NOV-26	Semiconductor Electronics (CH-14)	Energy bands in conductors, semiconductors and insulators, Intrinsic and extrinsic semiconductors- p and n type, p-n junction diode - I-V characteristics in forward and reverse bias, application of junction diode -diode as a rectifier.		
DEC-26 & JAN-27		REVISION AND MOCK TEST		

SUBJECT : CHEMISTRY (043)

MONTH	CHAPTER NAME	SUB TOPIC	PRACTICAL	PT PORTION
APRIL & MAY	HALOALKANES & HALOARENES	Haloalkanes: Nomenclature, nature of C–X bond, physical and chemical properties, optical rotation mechanism of substitution reactions. Haloarenes: Nature of C–X bond, substitution reactions (Directive influence of halogen in monosubstituted compounds only). Uses and environmental effects of dichloromethane, trichloromethane, tetrachloromethane, Iodoform, freons & DDT.		PT-I
	ALCOHOLS PHENOLS & ETHERS	Alcohols: Nomenclature, methods of preparation, physical and chemical properties (of primary alcohols only), identification of primary, secondary and tertiary alcohols, mechanism of dehydration. Phenols: Nomenclature, methods of preparation, physical and chemical properties, acidic nature of phenol, electrophilic substitution reactions, uses of phenols. Ethers: Nomenclature, methods of preparation, physical and chemical properties, uses	Volumetric analysis Determination of concentration/ molarity of KMnO ₄ solution by titrating it against a standard solution of: Ferrous Ammonium Sulphate (Students will be required to prepare standard solutions by weighing themselves).	
JUNE & JULY	ALDEHYDES KETONES & CARBOXYLIC ACIDS	Aldehydes and Ketones: Nomenclature, nature of carbonyl group, methods of preparation, physical and chemical properties, mechanism of nucleophilic addition, reactivity of alpha hydrogen in aldehydes, uses. Carboxylic Acids: Nomenclature, acidic nature, methods of preparation, physical and chemical properties; uses.	Volumetric analysis Determination of concentration/ molarity of KMnO ₄ solution by titrating it against a standard solution of: Oxalic acid	PT-II
	AMINES	Amines: Nomenclature, classification, structure, methods of preparation, physical and chemical properties, uses, identification of primary, secondary and tertiary amines. Diazonium salt: Preparation & chemical reactions & importance in synthetic organic chemistry.	A. Preparation of double salt of Ferrous Ammonium Sulphate or potash Alum .	
AUGUST	BIOMOLECULES	Biomolecules: Carbohydrates - Classification (aldoses and ketoses), monosaccharides (glucose and fructose), D-L configuration Proteins - Elementary idea of - amino acids, peptide bond, polypeptides, proteins, structure of proteins - primary, secondary, tertiary structure and quaternary structures (qualitative idea only), denaturation of proteins. Nucleic Acids: DNA and RNA. Vitamins : Classifications and functions.	Characteristic tests of carbohydrates, fats and proteins in pure samples and their detection in given food stuffs.	

	SOLUTIONS	Types of solutions, expression of concentration of solutions of solids in liquids, solubility of gases in liquids, solid solutions, Raoult's law, colligative properties - relative lowering of vapour pressure, elevation of boiling point, depression of freezing point, osmotic pressure, determination of molecular masses using colligative properties, abnormal molar mass, Van't Hoff's factor		
SEPTEMBER	ELECTROCHEMISTRY	Redox reactions, EMF of a cell, standard electrode potential, Nernst equation and its application to chemical cells, relation between Gibbs energy change and EMF of a cell, conductance in electrolytic solutions, specific and molar conductivity, variation of conductivity with concentration, Kohlrausch's law, electrolysis (elementary idea), dry cell, electrolytic cell, Galvanic cells, lead accumulator, fuel cells and corrosion	Functional group identification of organic compounds.	PT-III
	CHEMICAL KINETICS	Rate of reaction (average and instantaneous), factors affecting rate of reaction: concentration, temperature, catalyst; order and molecularity of a reaction, rate law and specific rate constant, integrated rate equations and half life (only for zero and first order reactions), concept of collision theory (elementary idea, no mathematical treatment), activation energy, Arrhenius equation.		
OCTOBER & NOVEMBER	D & F BLOCK ELEMENTS	General introduction, electronic configuration, occurrence and characteristics of transition metals, general trends in properties of the first row transition metals – metallic character, ionization enthalpy, oxidation states, ionic radii, colour, catalytic property, magnetic properties, interstitial compounds, alloy formation, preparation of properties of KMnO_4 & $\text{K}_2\text{Cr}_2\text{O}_7$. Lanthanoids - Electronic configuration, oxidation states and lanthanoid contraction and its consequences.	Salt analysis (Qualitative analysis) (4 marks) Determination of one cation and one anion in a given salt. Cations - Pb^{2+} , Cu^{2+} , As^{3+} , Al^{3+} , Fe^{3+} , Mn^{2+} , Ni^{2+} , Zn^{2+} , Co^{2+} , Ca^{2+} , Sr^{2+} , Ba^{2+} , Mg^{2+} , NH_4^+ Anions – $(\text{CO}_3)^{2-}$, S^{2-} , NO_3^- , SO_3^{2-} , NO_2^- , Br^- , I^- , PO_4^{3-} , $\text{C}_2\text{O}_4^{2-}$, CH_3COO^- (Note: Insoluble salts excluded)	
	COORDINATION COMPOUNDS	Coordination compounds - Introduction, ligands, coordination number, colour, magnetic properties and shapes, IUPAC nomenclature of mononuclear coordination compounds. Bonding, Werner's theory, VBT, and CFT structure and stereoisomerism, importance of coordination compounds. (in qualitative analysis, extraction of metals & biological system)		
DECEMBER		REVISION AND MOCK TEST		
JANUARY		REVISION AND MOCK TEST		
FEBRUARY		REVISION AND PRE-BOARD		

SUBJECT : MATHEMATICS

CURRICULUM – 2026-2027 (MATHEMATICS)

GRADE	XII			
Name of the text book	Publisher	No. of chapters given in the text book	No of units/ chapters deleted if any	Reason for deleting the unit
MATHEMATICS Textbook for class XII, Part – 1 &Part – 2	NCERT	13	Nil

UNIT WISE WEIGHTAGE FOR MOCK & PRE BOARD EXAM (CLASS- XII)

UNIT	UNIT NAME	MARKS
I	RELATIONS AND FUNCTIONS	08
II	ALGEBRA	10
III	CALCULUS	35
IV	VECTOR AND THREE- DIMENSIONAL GEOMETRY	14
V	LINEAR PROGRAMMING	05
VI	PROBABILITY	08
	TOTAL	80

MONTH & YEAR	UNIT	THEME /SUB THEME	KEY CONCEPTS TO BE DEVELOPED.	ACTIVITIES TO BE PERFORMED
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APRIL – 2026	3, 4 & 1	Matrices Determinants Relations & Functions	Matrix Types of Matrices Operations on Matrices Transpose of a Matrix Symmetric & Skew Symmetric Matrices Determinant Area of a Triangle Minors & Cofactors Adjoint & Inverse of a non singular Matrix Matrix Method of solving a system. Types of Relations Types of Functions	To sketch the graph of a^x (lets say 2^x) and $\log_a x$ (lets say $\log_2 x$) for $a > 0$ & $a \neq 1$ and to examine that they are mirror image of each other.
MAY- 2026	2	Inverse Trigonometric Functions	Domain, Range, Graph Properties.	To establish a relationship between $\log_{10} x$ & $\log_e x$
JUNE- 2026	5	Continuity and Differentiability	Continuity Differentiability Exponential & Logarithmic Functions Logarithmic Differentiation Derivative of fun. In parametric form Second order Derivative	To find analytically the limit of a fun. at $x = c$ & to check the continuity of the fun. At $x = c$
JULY- 2026	7 & 8	Integrals Application of Integrals	Methods of Integration Integration by Partial Functions Integration by parts Definite Integral Definite Integrals by Substitution Properties of Definite Integrals Area under Simple Curves	To verify that for a function $f(x)$ to be continuous at given point x_0 , $y = f(x_0 + x) - f(x_0) $ is arbitrarily small.
AUGUST-2026	6 & 9	Application of Derivatives Differential Equations	Rate of change of Quantities Increasing and Decreasing Functions Tangents and Normals Approximations Maxima and Minima General & Particular solution of a Differential Equation Formation of a Differential Equation Whose General Solution is given Methods of Solving First Order, First Degree Differential Equations.	To Understand the concept of Increasing & Decreasing functions To understand the concept of Local Max/ Local Min
SEPTEMBER- 2026	10 & 12	Vector Algebra Linear programming	Types of vectors Addition of vectors Dot product Cross product Scalar Triple Product	Calculation of dx as the limit of a Sum

			Linear Programming Problem and its Mathematical Formulation Graphical solution of LPP	
OCTOBER-2026	11	Three Dimensional geometry	Direction Cosines & Direction Ratios of a line Equation of a line in space Angle between two lines Shortest distance between two lines Coplanarity of two Lines	To verify that the angle in a semicircle is a right angle using vector method
NOVEMBER-2026	13	Probability	Conditional Probability Multiplication Theorem on Probability Independent Events Bayes ' Theorem Random Variables & its Probability Distributions	To understand the concept of conditional probability i.e $P(A/B)$
DECEMBER-2026		Revision Mock test	Discussion of Board Papers	Activity test For 10 marks.
JANUARY-2027		Revision Pre Board	Discussion of Sample Papers	
FEBRUARY-2027		Revision Self Study	Discussion of Most Expected Questions	

Internal Assessment	20 Marks
Periodic Tests (Best 2 out of 3 tests Conducted)	10 Marks
Mathematics Activities	10 Marks

SUBJECT-BIOLOGY(044)

S NO	MONTHS	UNIT NO. AND NAME	CHAPTER	SUB TOPICS	ACTIVITY INCLUDED	PT PORTION
1	APRIL	<i>Unit-VI Reproduction</i>	Chapter-2: Sexual Reproduction in Flowering Plants	Sexual Reproduction in Flowering Plants :Flower structure; development of male and female gametophytes; pollination - types, agencies and examples; outbreeding devices; pollen-pistil interaction; double fertilization; post fertilization events - development of endosperm and embryo, development of seed and formation of fruit; special modes-apomixis, parthenocarpy, polyembryony; Significance of seed dispersal and fruit formation.	A.1. Prepare a temporary mount to observe pollen germination A.3..Prepare a temporary mount of onion root tip to study mitosis.	PT-I
					B.1.Flowers adapted to pollination by different agencies(wind,insect,birds) B.2 Pollen germination on stigma through a permanent slide or scanning electron micrograph. B.4.Meiosis of onion bud cell or grasshopper testis through permanent slides.B8.Controlled pollination - emasculation, tagging and bagging.	
	MAY		Chapter-3: Human Reproduction	Human reproduction: Male and female reproductive systems; microscopic anatomy of testis and ovary; gametogenesis - spermatogenesis and oogenesis; menstrual cycle; fertilisation, embryo development upto blastocyst formation, implantation; pregnancy and placenta formation (elementary idea); parturition (elementary idea); lactation (elementary idea).	B.3..Identification of stages of gamete development,T.S of testis,T.S of ovary through permanent slides(from grasshopper/mice) B.4.T.S of blastula through permanent slides(Mammalian)	

			<p>Chapter-4: Reproductive Health</p> <p>Reproductive Health: Need for reproductive health and prevention of Sexually Transmitted Diseases (STDs); birth control - need and methods, contraception and medical termination of pregnancy (MTP); amniocentesis; infertility and assisted reproductive technologies - IVF, ZIFT, GIFT (elementary idea for general awareness).</p>		
2	JUNE	<p><i>Unit-VII Genetics and Evolution</i></p>	<p>Chapter-5: Principles of Inheritance and Variation</p> <p>Principles of Inheritance: Heredity and variation: Mendelian inheritance; deviations from Mendelism - incomplete dominance, co-dominance, multiple alleles and inheritance of blood groups, pleiotropy; elementary idea of polygenic inheritance; chromosome theory of inheritance; chromosomes and genes; Sex determination - in humans, birds and honey bee; linkage and crossing over; sex linked inheritance - haemophilia, colour blindness; Mendelian disorders in humans - thalassemia; chromosomal disorders in humans; Down's syndrome, Turner's and Klinefelter's syndromes.</p>	<p>B.5 Prepared pedigree charts of any one of the genetic traits such as rolling of tongue, blood groups, ear lobes, widow's peak and colourblindness. B.6. Mendelian inheritance using seeds of different colour/sizes of any plant.</p>	PT-II
	JULY		<p>Chapter-6: Molecular Basis of Inheritance</p> <p>Molecular basis of Inheritance: Search for genetic material and DNA as genetic material; Structure of DNA and RNA; DNA packaging; DNA replication; Central dogma; transcription, genetic code, translation; gene expression and regulation - lac operon; genome and human and rice genome projects; DNA fingerprinting.</p>		

	AUGUST		Chapter-7: Evolution	Origin of life; biological evolution and evidences for biological evolution (paleontology, comparative anatomy, embryology and molecular evidences); Darwin's contribution, modern synthetic theory of evolution; mechanism of evolution - variation (mutation and recombination) and natural selection with examples, types of natural selection; Gene flow and genetic drift; Hardy - Weinberg's principle; adaptive radiation; human evolution.	B.11. Flash cards models showing examples of homologous and analogous organs	
3	SEPTEMBER	<i>Unit-VIII Biology and Human Welfare</i>	Chapter-8: Human Health and Diseases	Pathogens; parasites causing human diseases (malaria, dengue, chikungunya, filariasis, ascariasis, typhoid, pneumonia, common cold, amoebiasis, ring worm) and their control; Basic concepts of immunology - vaccines; cancer, HIV and AIDS; Adolescence - drug and alcohol abuse.	B.9 Common disease - causing organisms like Ascaris, Entamoeba, Plasmodium, any fungus causing ringworm through permanent slides, models or virtual images. Comment on symptoms of diseases that they cause.	
			Chapter-10: Microbes in Human Welfare	Microbes in food processing, industrial production, sewage treatment, energy generation and microbes as bio-control agents and bio-fertilizers. Antibiotics; production and judicious use.		
4	OCTOBER	<i>Unit-X Ecology and Environment</i>	Chapter-11: Biotechnology - Principles and Processes	Genetic Engineering (Recombinant DNA Technology).	A5.. Isolate DNA from available plant material such as spinach, green pea seeds, papaya, etc.	

	OCTOBER		Chapter-12: Biotechnology and its Application	Application of biotechnology in health and agriculture: Human insulin and vaccine production, stem cell technology, gene therapy; genetically modified organisms - Bt crops; transgenic animals; biosafety issues, biopiracy and patents		
5	NOVEMBER	<i>Unit-X Ecology and Environment</i>	Chapter-13: Organisms and Populations	Organisms and Populations: Organisms and environment: Habitat and niche, population and ecological adaptations; population interactions - mutualism, competition, predation, parasitism; population attributes - growth, birth rate and death rate, age distribution.	A2. Study the plant population density by quadrat method. A3. Study the plant population frequency by quadrat method. B10. Models specimen showing symbiotic association in root nodules of leguminous plants, <i>Cuscuta</i> on host, lichens.	PT-III
	DECEMBER		Chapter-14: Ecosystem	Ecosystems: Patterns, components; productivity and decomposition; energy flow; pyramids of number, biomass, energy (Topics excluded: Ecological Succession and Nutrient Cycles)		
	DECEMBER		Chapter-15: Biodiversity and its Conservation	Bio-diversity and Conservation: Concept of biodiversity; patterns of biodiversity; importance of biodiversity; loss of biodiversity; biodiversity conservation; hotspots, endangered organisms, extinction, Red Data Book, biosphere reserves, national parks, sanctuaries and Ramsar sites.		
REVISION FOR PRE-BOARD EXAM						

SUBJECT : PHYSICAL EDUCATION

UNIT NO	MONTH	TOPIC	SUB TOPIC
1	APRIL	MANAGEMENT OF SPORTING EVENTS	<p>Meaning & Objectives Of Planning Various Committees & its Responsibilities (pre; during & post) Tournament – Knock-Out, League Or Round Robin & Combination Procedure To Draw Fixtures – Knock-Out (Bye & Seeding) & League (Staircase & Cyclic) Intramural & Extramural – Meaning, Objectives & Its Significance Specific Sports Programme (Sports Day, Health Run, Run ForFun, Run For Specific Cause & Run For Unity)</p>
2	MAY	Children & Women in Sports	<p>Motor development & factors affecting it Exercise Guidelines at different stages of growth & Development Common Postural Deformities - Knock Knee; Flat Foot; Round Shoulders; Lordosis, Kyphosis, Bow Legs and Scoliosis and their corrective measures Sports participation of women in India Special consideration (Menarch & Menstrual Disfunction) female Athletes Triad (Oestoperosis, Amenoria, Eating Disorders)</p>
3	JUNE	Yoga as preventive measure for Lifestyle disease	<p>Asanas as preventive measures Obesity: Procedure, Benefits & contraindications for Vajrasana, Hastasana, Trikonasana, ArdhMatsyendrasana Diabetes: Procedure, Benefits & contraindications for Bhujangasana, Paschimottasana, PavanMuktasana, Ardh Matsyendrasana Asthema: Procedure, Benefits & contraindications for Sukhasana, Chakrasana, Gomukhasana, Parvatasana, Bhujangasana, Paschimottasana, Matsyasana Hypertension: Tadasana, Vajrasana, Pavan Muktasana, Ardha Chakrasana, Bhujangasana, Sharasana Back Pain: Tadasana, Ardh Matsyendrasana, Vakrasana, Shalabhasana, Bhujangasana</p>

4	JULY	Physical Education & Sports for Children With Special Needs	<p>Concept of Disability & Disorder</p> <p>Types of Disability, its causes & nature (cognitive disability, intellectual disability, physical disability)</p> <p>Types of Disorder, its cause & nature (ADHD, SPD, ASD, ODD, OCD)</p> <p>Disability Etiquettes</p> <p>Advantage of Physical Activities for children with special needs</p> <p>Strategies to make Physical Activities assessable for children with special need.</p>
5	AUGUST	Sports & Nutrition	<p>Balanced Diet & Nutrition: Macro & Micro Nutrients</p> <p>Nutritive & Non-Nutritive Components Of Diet</p> <p>Eating For Weight Control – A Healthy Weight, The Pitfalls of Dieting, Food Intolerance & Food Myths</p>
6	SEPTEMBER	Test & Measurement in Sports	<p>Motor Fitness Test – 50 M Standing Start, 600 M Run/Walk, Sit & Reach, Partial Curl Up, Push Ups (Boys), Modified Push Ups (Girls), Standing Broad Jump, Agility – 4x10 M Shuttle Run, General Motor Fitness – Barrow three item general motor ability (Standing Broad Jump, Zig Zag Run, Medicine Ball Put – For Boys: 03 Kg & For Girls: 01 Kg) Measurement of Cardio Vascular Fitness – Harvard Step Test/Rockport Test</p>
7	SEPTEMBER OCTOBER	Physiology & Injuries in Sports	<p>Physiological factor determining component of Physical Fitness</p> <p>Effect of exercise on Cardio Respiratory System</p> <p>Effect of exercise on Muscular System</p> <p>Physiological changes due to ageing</p> <p>Sports injuries: Classification (Soft Tissue Injuries:(Abrasion, Contusion, Laceration, Incision, Sprain & Strain) Bone & Joint Injuries: (Dislocation, Fractures: Stress Fracture, Green Stick, Communated, Transverse Oblique & Impacted) Causes, Prevention & treatment</p> <p>First Aid – Aims & Objectives</p>
8 & 9	OCTOBER	Biomechanics & Sports	<p>Meaning and Importance of Biomechanics in Sports</p> <p>Types of movements (Flexion, Extension, Abduction & Adduction)</p> <p>Newton's Law of Motion & its application in sports</p> <p>Friction & Sports</p>
		Psychology & Sports	<p>Personality; its definition & types – Trait & Types (Sheldon & Jung Classification) & Big Five Theory</p> <p>Motivation, its type & techniques</p> <p>Exercise Adherence; Reasons to Exercise, Benefits of Exercise</p> <p>Strategies for Enhancing Adherence to Exercise</p> <p>Meaning, Concept & Types of Aggressions in Sports</p>

10	NOVEMBER	Training in Sports	Strength – Definition, types & methods of improving Strength – Isometric, Isotonic & Isokinetic Endurance - Definition, types & methods to develop Endurance – Continuous Training, Interval Training & Fartlek Training Speed – Definition, types & methods to develop Speed – Acceleration Run & Pace Run Flexibility – Definition, types & methods to improve flexibility Coordinative Abilities – Definition & types Circuit Training - Introduction & its importance
	DECEMBER	REVISION	

SUBJECT: HINDUSTANIMUSIC VOCAL (034)

SIN o	TERM - I & TERM - II	MONT H	CHAPTE R NUMBE R	CHAPTER NAM E	SUB TOPIC	ACTIVITY	PT PORTIO N	REMARK S
1	Raag Bhairav Chota khayal, Definition of alankar, Kan, meend, khatka, murki, Gamak	April	Unit 1 and Unit 5	NA	Taan, Alaap, Notation, and Bandish	Singing the raag and Reciting Taal with the help of hands.	PT-1	
2	Raag Bageshri Chota khayal, Gram, murchana, alaap, taan	May, June	Unit 1 and Unit 5	NA	Taan, Alaap, Notation, and Bandish	Singing the raag and Reciting Taal with the help of hands.	PT-1	
3	Raag Malkauns chota khayal, Jhaptaal, Time theory of raags.	July	Unit 2, 4 and 5	NA	Taan, Alaap, Notation, and Bandish	Singing the raag and Reciting Taal with the help of hands.	PT-2	
4	Raag Bhairav badakhayal, Rupak taal, Sangeet Ratnakar and sangeet parijat	August	Unit 1, 4 and 5	NA	Taan, Alaap, Notation, and Bandish	Singing the raag and Reciting Taal with the help of hands.	PT-3	

5	Dhamar, Dhamar taal, Life sketch of Uatad Faiyaz Khan	September	Unit 3, 4 and 5	NA	Taan, Alaap, Notation, and Bandish	Singing the raag and Reciting Taal with the help of hands.	PT-3
6	Dhamar, Life sketch of Bade Ghulam Ali Khan and Krishnarao Pandit	October	Unit 3 and Unit 5	NA	Taan, Alaap, Notation, and Bandish	Singing the raag and Reciting Taal with the help of hands.	PT-3
7	Tarana, Tuning of Tanpura	November	Unit 4 and Unit 5	NA	Taan, Alaap, Notation, and Bandish	Singing the raag and Reciting Taal with the help of hands.	PT-3
8	Raag Bhairav Bada khayal, chota khayal, raag bageshri chota khayal.	December	Unit 5	NA	Taan, Alaap, Notation, and Bandish	Singing the raag and Reciting Taal with the help of hands.	PT- 2
9	Revision	January	All units	NA	Taan, Alaap, Notation, and Bandish	Singing the raag and Reciting Taal with the help of hands.	
10	Revision	February	All units	NA	Taan, Alaap, Notation, and Bandish	Singing the raag and Reciting Taal with the help of hands.	

SUBJECT : COMPUTER SCIENCE (083)

SINo	MONTH	CHAPTER NUMBER	CHAPTER NAME	SUB TOPIC	PT PORTION	
1	May	Chapter-8	Computer Network-1	Evolution of networking , Data communication terminologies, Switching techniques ,Transmission media, Network topologies and Network types	PT-2	
		Chapter-9	Computer Network-2	Network, Network protocol, Introduction to web services: WWW, Hyper Text Markup Language (HTML), Extensible Markup Language (XML), domain names, URL, website, web browser, web servers, web hosting		
2	June-July	Chapter-1	Revision Tour-1	Tokens in Python, Barebones of a Python Program, Variables and Assignments, Simple Input & Output, Data Types, Mutable & Immutable Types, Expressions, Statement Flow Controls, The if conditionals, Looping Statements, Jump Statements		
		Chapter-2	Revision Tour-2	Strings, Lists, Tuples, Dictionaries		
		Chapter-3	Working with Functions	Understanding of a functions, defining functions, Flow of execution in a function call, Passing Parameters, Returning values from Functions, Scope of Variables		
		Chapter-4	Using Python Libraries	Library, Importing Modules in a Python Program, Using Python Standard Library Functions and Modules, Creating Python Library	SAT-1	
3	August	Chapter-10	Relational Databases	Purpose of DBMS, Relational Database Model, The Relational Model Terminology, History of MYSQL, MYSQL DatatbaseSystem, MySQL and SQL		
		Chapter-11	Simple Queries in SQL	SQL Elements, SQL Command Syntax, Simple Queries, MYSQL Functions, Aggregate Functions		
		Chapter-12	Table Creation & Data Manipulation Commands	Databases in MYSQL, Creating Tables, Changing Data with DML Commands, More DDL Commands		
		Chapter-13	Grouping Records, Joins in SQL	Types of SQL Functions, Group By, Joins		
		Chapter-14	Interface Python with MYSQL	Connecting to MYSQL from Python, Parameterised Queries, Performing Insert and Update Queries		
4	September	Revision For Mid Term Exam				
5	October	Chapter-7	Data Structures	Elementary Data Representation, Different Data Structures, Operations on Data Structures, Stacks		
		Chapter-6	Exception Handling	Exception , Exception Handling		
6	November	Chapter-5	File Handling	Data Files, Opening & Closing of files, Working with Text Files, Standard Input, Output & Error Streams, Working with Binary Files, Working with CSV Files		

SUBJECT : IT (802)

SINo	MONTH	CHAPTER NUMBER	CHAPTER NAME	SUB TOPIC	PT PORTION	
1	May	Part B Chapter-2	Operating Web Based Applications	Online Reservation Systems, E-Governance, Online Shopping and Bill payments, OnlineTutorials and Tests, Project Management	PT-1	
2	June-July	Part B Chapter 1	Database Concepts- RDBMS Tool	Basics of RDBMS, SQL – Creating and Opening Database, Creating and populating tables, Modifying the content and structure of table, Ordering and Grouping, Operating with multiple tables.		
		Part B Chapter 4	Work Integrated Learning IT – DMA	Identification of Work Areas, Work Experience.		
3	August	Part B Chapter 3	Fundamentals of Java programming	Java Language Elements, Operators, Control Flow,Array, String Manipulation, Oriented Programming, Class Design, Exception Handling, Assertions, Threads , Wrapper Classes		
5	September	Revision For Mid Term Examination				
6	October	Part A Chapter 1	Communication Skills	Importance of active listening at workplace, Steps to active listening, Writing skills		
		Part A Chapter 3	Information and Communication Technology Skills	Getting Started with Spreadsheet, Performing Basic Operations in a Spreadsheet, Working with Data and Formatting Text, Advanced Features in Spreadsheet, Presentation Software, Opening, Closing, Saving and Printing a Presentation, Working with Slides and Text in a Presentation, Advanced Features used in Presentation		
7	November	Part A Chapter 2	Self-management Skills	Motivation and Positive Attitude, Result Orientation, Self-awareness		
		Part A Chapter 4	Entrepreneurship Skills	Entrepreneurship and Entrepreneur, Barriers to Entrepreneurship, Entrepreneurial Attitudes, Entrepreneurial Competencies		
		Part A Chapter 5	Green Skills	Role of green jobs in toxin-free homes, Green organic gardening, public transport and energy conservation, Green jobs in water conservation, Green jobs in solar and wind power, waste reduction, reuse and recycling of wastes, Green jobs in green tourism, Green jobs in building and construction, Green jobs in appropriate technology, Role of green jobs in Improving energy and raw materials use, Role of green jobs in limiting greenhouse gas emissions, Role of green jobs minimizing waste and pollution, Role of green jobs in protecting and restoring ecosystems, Role of green jobs in support adaptation to the effects of climate change		